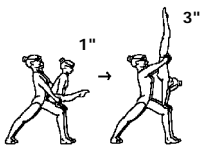
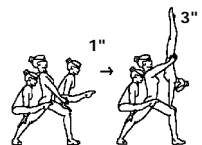
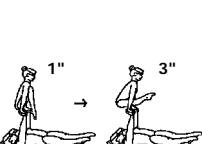

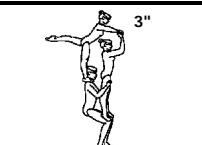
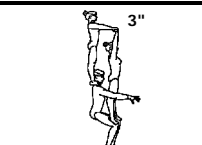
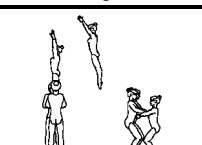
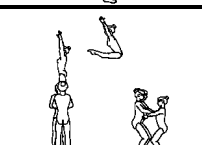
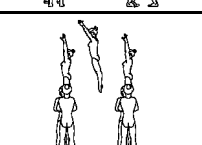
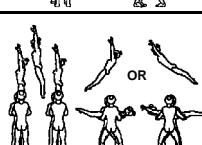
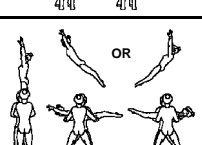
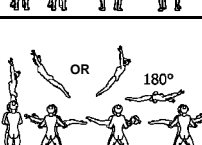

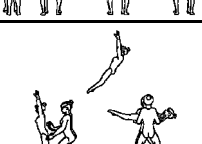
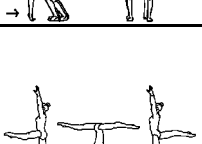
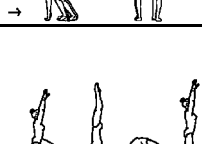
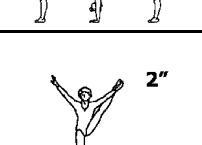
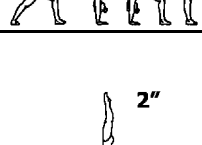
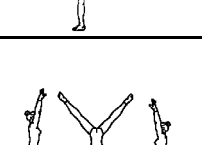
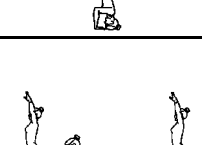



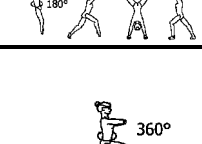


Level 6 Women's Group

1A Diff = 1.0		Bases in lunge, top in straddle support on one knee of each base (1"). Top presses to handstand (3"). Base may support in all phases. For credit, straddle hold and beginning of press must be performed from support position, not sit.	1B Diff = 1.0		Base in lunge, top in straddle on front leg, middle in straddle on back leg (1"). Top presses to handstand (3"). Base may assist press. For credit, straddle hold and beginning of press must be performed from support position, not sit.
2A Diff = 1.0		Base and middle lying on back, top in double supported tuck position on straight arms of bases (1"). Top goes to pike position (3").	2B Diff = 1.0		Base and middle standing, top in double supported high tuck (3").
3A Diff = 1.0		Half column, top stands on base's shoulders, then does back scale (3") with straight leg. Top may hold middle's hands, arms or shoulders.	3B Diff = 1.0		Half column, top stands on base's shoulders, base goes free (3"). Top may hold middle's hands, arms or shoulders.
4A Diff = 1.0		Top stands on platform, straight jump dismount to supported landing on floor.	4B Diff = 1.0		Top stands on platform, straddle jump dismount to supported landing on floor.
5A Diff = 1.0		Top stands on platform, tempo toss back to platform. Must show controlled pause on catch.	5B Diff = 1.0		Top stands on platform, tempo toss back to platform (in tempo) toss to 1/4 front or back layout salto to forearm catch.
6A Diff = 1.0		Top stands on platform, 1/4 front or back layout salto to forearm catch on stomach or back.	6B Diff = 1.0		Top stands on platform, 1/4 front or back layout salto to forearm catch on stomach or back (in tempo) 180° twist to catch on back or stomach.
7A Diff = 1.0		Top runs to bases, immediate boost from floor 1/4 front layout salto to forearm catch on stomach.	7B Diff = 1.0		From roundoff or roundoff / flic, boost 1/4 back layout salto to forearm catch on back.
8A Diff = 1.0		Back bend, kick over to stand or back walkover.	8B Diff = 1.0		Front limber to stand.
9A Diff = .4		Y-scale, 2".	9B Diff = .4		Headstand, 2". Hold in vertical with legs straight and together. No leg variation.
10A Diff = .4		Cartwheel to one knee.	10B Diff = .4		Back pike roll to stand, starting and ending with feet together.
11A Diff = .4		Roundoff, straight jump with 180° twist.	11B Diff = .4		Roundoff, straight jump with 180° twist to cartwheel.
12A Diff = .4		Split leap (120° minimum split).	12B Diff = .4		360° turn on one foot (free leg position is optional).