

# 2009 JUNIOR OLYMPIC COMPULSORY CHAMPIONSHIPS

## **REGISTRATION:**

**ATHLETES:** Registration for athletes will take place at the competition site during the times listed below. Credentials and apparel will be distributed.

Thursday, May 28th 4:00 PM – 8:00 PM

Friday, May 29th 8:00 AM – 7:00 PM

**COACHES:** Registration for the Coaches will be held at the Host hotel at the Coaches meeting which is at 9:00pm on Thursday, May 28<sup>th</sup>. All coaches must sign in at the time of registration. If you miss the meeting due to travel, you may pick your packet up at the athlete check-in station on Friday.

**MUSIC:** Coaches & gymnasts must also turn in music at the time of registration. Rotations, credentials, and apparel will not be distributed unless music is received.

- All music must be turned in at the time of registration.
- All CDs must be properly labeled with the gymnast's name, team, level, and event. It is the coach's responsibility to make sure that CDs are properly marked, cued, and compatible with competition sound equipment.

## **CREDENTIALS:**

Credentials for athletes, coaches, officials and staff will be issued at registration at the designated times. Credentials must be worn at all times. Gymnasts and coaches will not be permitted in warm-up areas or on the competition floor without credentials.

## **APPAREL:**

JO Team and all-star warm-ups will be distributed at registration. Gymnasts are to wear their JO warm-ups for all ceremonies and awards presentations, including the opening ceremony for all levels on Saturday, May 30<sup>th</sup> at 12:20pm.

## **AWARDS:**

- Age Division Awards: For all competition participants, including both regional team members and all-stars. Medals will be awarded to the top 12 in each event & all-around by age division.  
Age Divisions –
  - Level 4 – Child A, Child B (00 & 01), Child C (98 & 99), JrA, JrB
  - Level 5 – Child B, Child C (98 & 99), JrA, JrB
  - Level 6 – Child B, Child C (98 & 99), JrA, JrB, Sr
- All participants will receive a participation trophy.
- Individual JO Awards: Only regional team members are eligible. Medals will be awarded to the top 12 in each event & trophies to the top 12 all-around per level, no age divisions.
- JO Team Awards: The top 3 regional teams in each level will be awarded, taking the top 5 scores per event.

### **Directions to Host Hotel:**

**Traveling from the North:** Take I-95 South to I-64 east towards Williamsburg/Va. Beach. Take Newtown road exit/I-264, as you loop around you will stay in the right lane. Newtown Rd exit is the first exit. Once you exit stay in the straight lane. Greenwich Rd is straight ahead (if you go to the right you will be turning on Newtown Rd, and you'll have to make a U-turn to get to Greenwich Rd.). Follow Greenwich Rd. Holiday Inn is on the right.

**Traveling from the South:** Take I-95 North to Rt 58 East (watch speed along this road). To I-64 east towards Va. Beach. To I-264 East, stay in right lane. Newtown Rd exit is the first exit. Once you exit stay in the straight lane. Greenwich Rd is straight ahead (if you go to the right you will be turning on Newtown Rd, and you'll have to make a U-turn to get to Greenwich Rd.). Follow Greenwich Rd. Holiday Inn is on the right.

**From the Airport:** Come out of airport follow road straight until you reach I-64 East, loop onto I-64. Take Newtown road exit/I-264, as you loop around you will stay in the right lane. Newtown Rd exit is the first exit. Once you exit stay in the straight lane. Greenwich Rd is straight ahead (if you go to the right you will be turning on Newtown Rd, and you'll have to make a U-turn to get to Greenwich Rd.). Follow Greenwich Rd. Holiday Inn is on the right.

### **Directions to Venue from Host Hotel:**

Turn Left out of parking lot go to first light, Newtown Rd., Turn Right. Follow road to Baker Rd., Turn Left. Follow to Wesleyan Drive, Turn Left. College will be on your left. Stop at Gate and they will tell you how to get to the gym. (turn left at T and continue to Batton Center.)