

## 2009-2010 *Gymnastics for All* Calendar

November 13, 2009

Please send your *Gymnastics for All* event information to [swhitlock@usa-gymnastics.org](mailto:swhitlock@usa-gymnastics.org).

USA Gymnastics | [RESULTS](#) | page

TeamGym | [Season Ranking](#) | results

### DATE **Gymnastics for All- EVENT / ACTIVITY INFORMATION**

#### 12/5/09 **California – TeamGym Critique Meet**

This is a TeamGym meet with only participation awards – no scores flashed, after you perform your routine, coaches and gymnasts will sit down with the judge to go over your routine in preparation for the upcoming season.

**Host:** Fallbrook Gymnastics Club.

**Contact:** Dean Capelotti, [dcapelot@tfb.com](mailto:dcapelot@tfb.com), 760-728-8582.

[www.Fallbrookgymnastics.com](http://www.Fallbrookgymnastics.com)

#### 1/9/10 **California Clubs TG Schedule – TeamGym inter-squad competitions**

House practice meets.

Submitted by Barbara Jo Taylor, [otters2k@yahoo.com](mailto:otters2k@yahoo.com) - Tricks Gymnastics

#### 1/10/10 **New Jersey – TeamGym Competition**

Level 2-7 Team Gym and GymFest routines

**Host:** Gymnastics Inc. – Kenvil, NJ

**Contact:** Donna Wein , [gymnasticsincnj@yahoo.com](mailto:gymnasticsincnj@yahoo.com)

[www.gymnasticsincnj@yahoo.com](http://www.gymnasticsincnj@yahoo.com)

#### 1/16/10 **California – GymFest at Disney’s California Adventure® Park**

TeamGym and GymFest performance routines.

The event will be held in Stage 17 and will include park admission. **SOLD OUT!**

**Contact:** Dean Capelotti, [dcapelot@tfb.com](mailto:dcapelot@tfb.com), 760-728-8582.

[www.Fallbrookgymnastics.com](http://www.Fallbrookgymnastics.com)

#### 1/22-24/10 **Nevada – *Dare to Dream* – TeamGym**

**Host:** Go For It USA. Las Vegas

**Contact:** Jessica Yaklin, [flipndaisy@msn.com](mailto:flipndaisy@msn.com), 702-658-9003.

#### 1/30/10 **Texas TG Season – *Gymnastics with Heart* TeamGym Competition Levels 3-7**

We will have a short coaches' clinic after the meet to discuss the new rules and to critique the gymnasts at the meet. We hope many of you have been working and thinking about your TG Floor and Jump routines and are excited to join us in this sports section of USA *Gymnastics for All*.

Please note the following items to check off on your list in order to compete:

- Matching Uniforms (Female Leotards/Trunks or Male Leotards/Unitard/Shorts) with hair slicked back.
- Time: 1:00 p.m. – Warm-up
- Meet Time: Approximately 2:00-3:30 p.m. with awards at 3:30 p.m.
- Entry fees per gymnasts: \$35.
- Each gymnast will receive a trophy
- Athlete requirements: Current & valid USAG number. Be prepared to show membership card if asked.
- Coaches requirement: One coach on the floor must have a current and valid USAG Pro # + Safety and Background Check
- Coaches: Look at your rules – two coaches in the landing area for vault and mini-tramp!
- Concession stand will be available
- All coaches wanting to watch the TeamGym meet may enter FREE!
- No flash cameras
- Random draw for competition order
- CD and cassette equipment available
- **Deadline for entry fees and form: January 15, 2010**
- Mail all information, forms, and entry checks payable to the *Starlette Booster Club*, Send to Jodie Trncak.
- Equipment: AAI Vaulting Table; AAI Spring Boards; 42'x42' floor; 60' long tumbling strip (for Level 7 & 8); Nissen Mini-tramp and Euro-style Mini-tramp; Landing Mats.

**Host site:** Biron Gymnastics, 1322 Dairy Ashford, Houston, Texas 77077. Phone: 281-497-6666

**Contact:** Jodie Trncak, [coachjodie@hotmail.com](mailto:coachjodie@hotmail.com)

| [Download Flyer](#) |

- 2/6/10 **California Clubs TG Schedule – “A Night at the Oscars” TeamGym Competition**  
**Host:** Flip 2 It, 10556 Industrial Ave., Roseville, CA 95678  
 Levels 1-6  
**Registration Fees:** TG competitions = \$45 (\$55 after 12/1/09); \$10 for Double dippers;  
 \$7 Spectators (children 5 & under are free).  
**Deadline:** December 1, 2009  
 | [Registration Form \(.doc\)](#) | OR | [Registration Form \(PDF\)](#) |  
**Contact:** Erica Moss, [erica@flip2itsportscenter.com](mailto:erica@flip2itsportscenter.com), 916-772-3547
- 2/14 (13, 14, 15) **Maryland – Maryland GymFest and TeamGym Competition**  
**Tentative Schedule:** Training time Saturday evening. Competition begins at 9:00 a.m. and GymFest performances at 4:30 p.m. on Sunday, 2/14.  
**Host:** Skyview Gymnastics, Mt. Airy, Maryland  
**Contact:** Diane Floyd [diane@skyviewgymnastics.com](mailto:diane@skyviewgymnastics.com)  
[www.skyviewgymnastics.com](http://www.skyviewgymnastics.com)
- 2/27/10 **S California – Stars Gymnastics’ TeamGym Invitational**  
 Levels 1-6  
**Host:** Stars Gymnastics, 4100 Baldwin Park Blvd., Baldwin Park, CA 91706  
**Contact(s):** Lorena Wilson, 626-826-1348 or Katie Bolson, 626-483-8323  
[StarsGymnastics@msn.com](mailto:StarsGymnastics@msn.com)
- 3/6/10 **California – TeamGym Competition**  
**Host:** Desert Christian Gymnastics, Lancaster, CA  
**Contact:** Jan Dimmitt; [jadimmitt@earthlink.net](mailto:jadimmitt@earthlink.net)  
[www.Fallbrookgymnastics.com](http://www.Fallbrookgymnastics.com)
- 3/13/09 **California Clubs TG Schedule – Gymnastics Rocks!**  
 Tricks Gymnastics sanctioned TeamGym Competition  
**Venue:** Sacramento State. Entry fee \$70  
**Host:** Tricks Gymnastics, Calif.  
**Contact:** Barbara Jo Taylor, [otters2k@yahoo.com](mailto:otters2k@yahoo.com).
- 3/27/10 **California Clubs TG Schedule – TG competition (TBD)**  
 Proposed date... Looking for a host club!  
 Levels TBD. Entry fee \$35  
 Submitted by Barbara Jo Taylor, [otters2k@yahoo.com](mailto:otters2k@yahoo.com) - Tricks Gymnastics
- 3/21/10 **Pennsylvania – 2010 Dave Moskovitz Gymnastics for All Celebration**  
 The TeamGym levels 1-8 and GymFest performance events will be held in conjunction with the Dave Moskovitz Invitational for Women’s Artistic Levels 4-8. The artistic meet will be Fri. & Sat. and the TG and GF will be on Sun.  
 Entry fee: \$60/gymnast, \$5 discount if gym is entered in the Artistic competition.  
**Venue:** Ursinus College.  
**Host:** Berks East Gymnastics  
**Contact:** Christy Smith, [boatingsmity@aol.com](mailto:boatingsmity@aol.com)  
 | [Download Flyer](#) |
- 3/27/10 **California Clubs TG Schedule – Byers Gymnastics Center Presents *Who Doesn’t Like Chocolate?* TeamGym Competition**  
 Levels TBD. Entry fee \$40 if paid by Feb. 27, 2010; \$45 if paid after Feb. 27, 2010; \$10 for double dippers.  
**Host:** Byers Gymnastics, 2009 Opportunity Drive, Roseville, CA 95678  
 916-781-2939; [info@byersroseville.com](mailto:info@byersroseville.com)  
 | [Download Flyer](#) |
- 3/28/10 **New Jersey – Flower Power TeamGym and GymFest Invitational**  
 Sanctioned TeamGym competition for Levels 1-7... GymFest routines are welcomed!  
 Registration and fees due by March 1, 2010  
**Host:** Northern Elite Gymnastics, Flanders, N.J.  
**Contact:** Michelle Lawton at [Michelle@northernelitegym.com](mailto:Michelle@northernelitegym.com)  
[www.northernelitegym.com/](http://www.northernelitegym.com/)

- 4/10/10 **California Clubs TG Schedule – TeamGym *Beach Party* competition**  
 Flip 2 It Gymnastics -- Levels 3-6.  
**Contact:** Erica Moss, [erica@flip2itsportscenter.com](mailto:erica@flip2itsportscenter.com), 916-772-3547
- 4/10/10 **Texas TG Season Schedule – Proposed 2<sup>nd</sup> Texas TeamGym Competition**  
**Host:** TBD – The first team to send a bid to Jodie Trncak, GFA Director for GAT, will get this one!  
 Phone: 281-497-6630; Email: [coachjodie@hotmail.com](mailto:coachjodie@hotmail.com)  
**Notes:** Please email Jodie to inform me what your TeamGym commitment is regarding your team. We will be sending out more information in December. Also, I would like to help you get this started in your gym!
- 4/18/10 **California – *Knott's Berry Farm GymFest***  
 TeamGym competition. March-inbegins approximately 10:00 a.m.  
 The event will be held in the Charles Sholtz theater and includes park admission.  
**Contact:** Dean Capelotti, [dcapelot@tfb.com](mailto:dcapelot@tfb.com), 760-728-8582.  
[www.Fallbrookgymnastics.com](http://www.Fallbrookgymnastics.com)
- 4/18/10 **Massachusetts – 2010 Seaside Invitational TeamGym Competition**  
 Fly into Providence (30 min.) or Boston (1 hour)  
 Sunday morning judges' workshop meeting and 10 a.m. meet start.  
**Host:** Bay State Gymnastics Academy, 24 Ventura Drive, North Dartmouth, MA 02747  
**Contact:** Rachel Alves, (g) 508-996-2459, (c) 774-930-9477  
[BSGACOUCHES@yahoo.com](mailto:BSGACOUCHES@yahoo.com)
- 4/25/10 **Pennsylvania – *Gymnastics for All* TeamGym Meet**  
 Sanctioned Meet / All levels / Times TBA  
**Host:** Artistic Sports Academy Plus, Harrisburg, PA 17112  
 \$55 per gymnast – Double Dipper fees TBA  
**Contact/questions:** Glynis Gaylor, 717-856 -1634  
[gaylorg@yahoo.com](mailto:gaylorg@yahoo.com)
- 5/1/10 **Texas – "Snapshots From Around the World" – GymFest displays for performance groups**  
**Host:** Biron Gymnastics, 1322 Dairy Ashford, Houston, Texas 77077  
**Contact:** Jodie Trncak, [coachjodie@hotmail.com](mailto:coachjodie@hotmail.com)
- 5/1/10 **California Clubs TG Schedule – Byers 2<sup>nd</sup> Annual *Kentucky Derby* TeamGym competition**  
 Levels TBD. Entry fee \$40 if paid by April 1, 2010; \$45 if paid after April 1, 2010; \$10 for double dippers.  
**Host:** Byers Gymnastics, 2009 Opportunity Drive, Roseville, CA 95678  
 916-781-2939; [info@byersroseville.com](mailto:info@byersroseville.com)  
 | [Download Flyer](#) |
- 5/15/10 **California Clubs TG Schedule – *Get Gymnastics at Technique* Gymnastics**  
 Levels TBD. Entry fee \$40.  
**Host:** Technique Gymnastics, Rancho Cordova;  
 Submitted by Barbara Jo Taylor, [otters2k@yahoo.com](mailto:otters2k@yahoo.com) - Tricks Gymnastics
- 5/22/10 **Texas TG Season Schedule – Proposed 3<sup>rd</sup> Texas TeamGym Competition**  
**Host:** TBD – The first team to send a bid to Jodie Trncak, GFA Director for GAT, will get this one!  
 Phone: 281-497-6630; Email: [coachjodie@hotmail.com](mailto:coachjodie@hotmail.com)  
**Notes:** Please email Jodie to inform me what your TeamGym commitment is regarding your team. We will be sending out more information in December. Also, I would like to help you get this started in your gym!
- 6/ TBD /10 ***Gymnastics for All* Nationals**  
 Specific stite, host, and dates are TBD.  
 Current focus for dates are in late June or early July.  
 Deadline for bid submissions is August 28th.  
 To download the Cover Letter and Bid Form, go to:
- Cover Letter: <http://www.usa-gymnastics.org/PDFs/Group/2010Natls-Bid-CoverLetter.pdf>
  - Bid Form: <http://www.usa-gymnastics.org/PDFs/Group/2010Natls-BidForm.pdf>

7/24/10

**California – Universal Studios Hollywood GymFest**

TeamGym and Performance routines.

The event will be held in the Globe Theater and includes entrance to Universal Studios Hollywood SM

**Contact:** Dean Capelotti, [dcapelot@tfb.com](mailto:dcapelot@tfb.com), 760-728-8582.

[www.Fallbrookgymnastics.com](http://www.Fallbrookgymnastics.com)

## PREVIOUS COMPETITIONS

- 1/17/09 **California – “New Year Avalanche” - Tricks Gymnastics sanctioned TeamGym Competition and Coach/Judge Clinic** – conducted by a member of the USA TeamGym Committee.  
\$45 entry fee (\$15 for double dippers), \$5 door entry. The gym where the event is hosted is owned by the developers of Pro Score and Pro School. The meet is at Technique and hosted by GetGymnastics.com.  
Awards: Team trophies and medals for all athletes. Contact: Barbara Jo Taylor, [otters2k@yahoo.com](mailto:otters2k@yahoo.com).  
| [Flyer](#) |
- 1/18/09 **California – TeamGym and Performance routines** - Universal Studios  
Contact: Dean Capelotti, [dcapelot@tfb.com](mailto:dcapelot@tfb.com), 760-728-8582.  
[www.Fallbrookgymnastics.com](http://www.Fallbrookgymnastics.com)
- 2/8/09 **New Jersey – TeamGym Competition**  
Hosted by Gymnastics Inc. – Kenvil, N.J.
- 2/28/09 **Texas – TeamGym Competition** – 2:00-5:30 p.m.  
George R. Brown Convention Center, Houston. Texas.  
Hosted by Biron Gymnastics, Houston Texas. Contact: Jodie Trncak, [coachjodie@hotmail.com](mailto:coachjodie@hotmail.com) or Cheryl Cupples, [ccouples2@hotmail.com](mailto:ccouples2@hotmail.com)  
| [Flyer](#) |
- 3/8/09 **Pennsylvania – 2009 Dave Moskovitz Gymnastics for All Celebration**  
Sanctioned TeamGym and GymFest event. Ursinus College, Collegeville, PA.  
Host: Christy Smith ([boatingsmity@aol.com](mailto:boatingsmity@aol.com)), Berks East Gymnastics.  
| [Flyer](#) | - Entry forms and fees are due Feb. 7, 2009.
- 3/14/09 **California – “Gymnastics Rocks!” – Tricks Gymnastics sanctioned TeamGym Competition**  
**Venue:** Sacramento State  
**Host:** Tricks Gymnastics, Calif. Contact: Barbara Jo Taylor, [otters2k@yahoo.com](mailto:otters2k@yahoo.com).  
\$60 entry fee (\$20 for double dippers), \$10 door entry.  
Awards: Team trophies and medals for all athletes.
- 4/18/09 **California – “Egypt – Gymnastics on the Nile” – sanctioned TeamGym Competition**  
Hosted at Cal Expo in Rancho Cordova, Calif. This competition will be held in conjunction with the Reg. 1 Level 8-10 Regionals that are hosted by Technique Gymnastics.  
Contact: Barbara Jo Taylor, [otters2k@yahoo.com](mailto:otters2k@yahoo.com).  
This is a fun city! The hotels are already set-up. Entry fee is TBD based on facility rental costs. \$  
\$65 entry fee (\$20 for double dippers), \$10 door entry.  
The awards will be “as big as a pyramid!”